

# Validating your decision

So you have made your decision. Now you need to check that you are sure.

Use the check list below to really challenge your final decision. These questions are designed to be difficult and they may or may not prove to be enough to change your decision but make sure you are content with your answers to each of them.



? *Is the information you used free from other people's bias? Or have you at least accounted for bias?*

? *Have you used all the information available to you or have you chosen to 'ignore' some of it?*

? *Are you being swayed by decisions being made by your peers?*

? *Are you being realistic about your skill set? Are you really listening to the feedback you have received?*

? *Did you explore all options openly, or fix on one specialty and look for confirmation of your decision in the information you gathered?*

? *Have you considered the worst-case outcome(s) of your decision?*

? *Have you avoided an option because you are worried about failing?*

? *Have you considered whether any selected role model is a direct role model (you wish to emulate them within the specialty) or indirect (you wish to emulate their approach to work but this could be in any specialty)?*

? *If you had made this decision a year ago, what would you have said? What has changed your mind? Or why has your decision remained the same?*